

Levine Senior Center Activity Sheet

A&C- Arts & Crafts Room - BH - Banquet Hall - B - Board Room - CR - Card Room MP - Multi-Purpose Room

L- Lobby, D- Dining P - Partner - NP - Non-Partner - NC - No Charge

Program	Day/Time	Room	Class Dates	Fee
Line Dance Combined	Mondays	MP	11/5 to 12/17	\$27(P) - \$43(NP)
	12:15PM-4PM			SilverSneakers (NC)
Ballroom Dance Combined	Wednesdays	MP	Ongoing	\$5(P) - \$7(NP)
	4:00PM-5:30PM			SilverSneakers (NC)
Classic Exercise	Tuesday & Fridays	BH	11/27 to 12/28	\$29(P) - \$41(NP)
	9:30AM-10:15AM	No Class 12/25		SilverSneakers & Silver & Fit (NC)
Circuit Exercise	Tuesday & Fridays	BH	11/27 to 12/28	\$32(P) - \$44(NP)
	10:30AM-11:30AM	No Class 12/25		SilverSneakers & Silver & Fit (NC)
Chair Yoga	Wednesdays	MP	11/14 to 12/26	\$25(P) - \$43(NP)
	9:30AM-10:15AM			SilverSneakers (NC)
Tai Chi	Tuesdays	MP	Ongoing	\$6 Per Session (P) (NP)
	9:45AM-10:40AM			SilverSneakers (NC)
Move & Groove	Tuesdays	MP	Ongoing	\$6 Per Session (P) (NP)
	11AM-11:45AM			SilverSneakers (NC)
Gentle Yoga	Mondays	MP	Ongoing	<u>Pricing Below is for Yoga</u>
	9AM-10:15AM			6 Sessions \$54(P)
Slow Flow Yoga	Mondays	MP	Ongoing	6 Sessions \$70(NP)
	10:30AM-11:45AM			12 Sessions \$91(P)
Yoga	Fridays	MP	Ongoing	12 Sessions \$107(NP)
	9:30AM-11AM			SilverSneakers - \$4 Per Session
Oil & Acrylic Painting	Tuesdays 9:30-12:30PM	A&C	11/6 to 12/11	\$54(P) - \$70(NP)

Fitness Center Hours: M-W 8AM-7PM & Th-F 8AM-4PM

Open Swim Hours: M-W 1:30PM-4:30PM & Th-F 1:30PM-4PM

Center Partners receive a discount rate on some classes. 6 Month Partnership \$75 ~ Yearly Partnership \$128

Fitness Center or Open Swim Fee's - 6 Months \$90 ~ Yearly \$155 ~ Monthly \$15

Stop in the Library for more information.

Water Exercise Classes (No Water Classes 11/22, 11/23, 12/31, 1/1 nor 1/21)

Due to pool size, water classes limited to Partners only

Water Classes	Date & Times	Session Dates - 8 Wks	Session Dates - 8 Wks
Aerobics	MWF 9-9:50AM	10/29 to 12/21 - \$92	12/31 to 2/22 - \$88
Arthritis Plus	MWF 10-10:50AM	10/29 to 12/21 - \$92	12/31 to 2/22 - \$88
Move It or Lose It	MWF 11-11:50AM	10/29 to 12/21 - \$92	12/31 to 2/22 - \$88
Aerobics	MW 4:30-5:20PM	10/30 to 12/19 - \$64	12/31 to 2/20 - \$56
Aerobics	MW 5:30-6:20PM	10/30 to 12/19 - \$64	12/31 to 2/20 - \$56
Aerobics	TT 8-8:50AM	10/29 to 12/20 - \$60	1/1 to 2/21 - \$60
Move It or Lose It Plus	TT 9-9:50AM	10/29 to 12/20 - \$60	1/1 to 2/21 - \$60
Arthritis Plus	TT 10-10:50AM	10/29 to 12/20 - \$60	1/1 to 2/21 - \$60
Aerobics	TT 11-11:50AM	10/29 to 12/20 - \$60	1/1 to 2/21 - \$60

The Levine Senior Center will be closed for the following holidays:

Thursday, November 22, 2018 & Friday, November 23, 2018 for Thanksgiving.

Monday, December 24, 2018, Tuesday, December 25, 2018, Monday, December 31, 2018 & Tuesday, January 1, 2019. All Center programs and activities are cancelled for those dates.

We wish you a great holiday season.