

A&C- Arts & Crafts Room - BH - Banquet Hall - B - Board Room - CR - Card Room MP - Multi-Purpose Room - D - Dining - BR- Billiard - L- Lobby

Programs, Activities & Support Groups Open to Community at No Charge (Shown with *)

Coffee Klatch*	Mondays - 9AM - 10:30AM	D	Ongoing	Donations Accepted
TOPS Group*	Mondays - 9:30AM-11AM	AC	Ongoing	Donations Accepted
Tai Chi-Arthritis Prevention*	Mondays 9:30AM - 10:45AM	BH	TBD	Waitlist Only
Computer Help*	Mondays -10:30AM - Noon	PC	Ongoing	
Beginners Tap *	Mondays, 2:00PM - 3:00PM	MP	Ongoing	Register in the Library
Diabetes Information Session*	1st Monday, 12:30PM-1:30PM	A&C	Ongoing	
Tablet Help*	3rd Monday 2PM	PC	Ongoing	No Meeting in Jan.
Pilates*	Tuesdays 6PM-7PM	MP	Ongoing	Sign up in the Library
Smart Phone Help*	2nd Tuesday 10AM	PC	Ongoing	
Novant Seminar*	1st Wednesday - 1PM-2PM	BH	Ongoing	No Seminar in Jan.
Blinded Veterans Meeting*	2nd Wednesday, 10AM-Noon	BH	Ongoing	
Zumba Gold*	Wednesdays, 11AM-Noon	MP	Ongoing	Register in the Library
Intermediate Tap*	Thursdays, 9:30AM - 10:30AM	MP	Ongoing	Register in the Library
Happy Times Club*	Thursdays, 10AM-1PM	BH	Ongoing	Donations Accepted
SHIP Counseling*	Thursdays, By appt only	PC	Ongoing	Sign up in Office
Veterans Canteen*	1st Thursday, 9AM-10AM	MP	Ongoing	
Coffee w/ Advisory Council*	1st Friday, 2PM-3PM	B	Ongoing	Sign up in the Library
Spanish Conversation*	Fridays, 1PM-2:30PM	PC	Ongoing	
Zumba Gold & Tone*	Fridays, 1:30PM - 2:30PM	MP	Ongoing	Register in the Library
Memory Café*	Friday, 1:30PM - 3PM	MP	2/8/2019	Call 704-910-9279 to register
Love Your Family Lunch & Learn*	Saturday, 10AM - 12:30PM	BH	2/9/2019	Register in the Library
Jewelry Class*	Tuesday, 1PM -3PM	AC	2/12/2019	Register in the Library
Ask the Expert*	Friday, 9:30AM - 10:30AM	L	2/15/2019	
Valentine's Dinner & Dance	Saturday, 6PM -10PM	BH	2/16/2019	Tickets available in the Library
Monday Funday*	Monday, 3PM	DR	2/18/2019	Wine Tasting - Register in the Library
Music Trivia*	Tuesday, 10AM	B	2/19/2019	Register in the Library
Ask the Expert*	Friday, 9:30AM - 10:30AM	L	2/22/2019	
Jewelry Class*	Thursday, 1PM-3PM	AC	2/28/2019	Register in the Library
Evidence Based Classes*:	Living Healthy, Living Healthy with Diabetes &			No Charge - Sign up in the Library
Bereavement Support Group - Free	Mondays 5:00PM to 6:30PM February 25 - April 1, 2019			Call 704-384-8142 Registration is required

Drop in Activities:

Horse Shoes, Puzzles & Library

Bowling, Corn Hole

Support Groups - No Charge

Grief Education - 2nd Friday of Month @ 10AM

Caregivers 2nd & 4th (T) 9:30-11:30AM (B)

Mecklenburg Senior Games & Silver Arts Senior Games is a friendly competition encouraging seniors to renew old skills, learn new skills, remain active, build confidence and make new friends. You must be 50 years old and have lived in North Carolina for at least 3 consecutive months

The Levine Senior Center will be hosting the Performing Arts of Senior Games on April 6th from 2PM-4PM. Areas for entry: Comedy/Drama, Dance, Instrumental, Vocal, Line Dancing & Cheerleading. Registration packets are located around the Center and in the front office.

Center Partnership for Adults 50 and Older

Activities Included with Partnership

Game:	Date & Time	Room
Bingo	Fridays 10AM - Noon	A&C
Billiards	Drop-In	BR
Social Bridge	Tuesdays 1PM-3PM	B
Inter. Bridge	Wednesdays 10AM-12:30PM	B
Busy Hands	Wednesdays 10AM - 3PM	A&C
Busy Hands Sewing	Thursdays 9AM-Noon	A&C
Canasta Hand/Foot	Mondays & Fridays 1PM-4PM	B/A&C
Mah Jongg	Thursdays 12:45PM-4PM	B
Pinochle	Wednesdays 1PM-4PM	B
Poker	Tues. & Fridays 12:30PM-4PM	CR
Rummy	Wednesdays 1-4PM	CR



Accepting Silver Sneakers® Silver& Fit®
& Renew Active® Participants

Save the Date: Join the Levine Senior Center & Novant Matthews Medical Center

for our 2nd Annual Love your Family Lunch & Learn

Saturday February 9, 2019 10AM to 12:30PM

Come join us for lunch, and learn about loving your family enough to plan ahead for your future

To Register: Stop by the Levine Library or Call 704-846-4654 (Limited Seating) (Free Event to those that register)