Dogo 2				I anima Camian Camtan Antimit. Class	
Page 2				Levine Senior Center Activity Sheet	
				ard Room MP - Multi-Purpose Room -	
Prog	grams, Activities & Support Groups	Open to	Community at N		
Coffee Klatch*	Mondays - 9AM - 10:30AM	D	Ongoing	Donations Accepted	
TOPS Group*	Mondays - 9:30AM-11AM	AC	Ongoing	Donations Accepted	
Tai Chi-Arthritis Prevention*	Mondays 9:30AM - 10:45AM	BH	TBD	Waitlist Only	
Computer Help*	Mondays -10:30AM - Noon	PC	Ongoing		
Beginners Tap *	Mondays, 2:00PM - 3:00PM	MP	Ongoing	Register in the Library	
Diabetes Information Session*	1st Monday, 12:30PM-1:30PM	A&C	Ongoing		
Tablet Help*	3rd Monday 2PM	PC	Ongoing	No Meeting in Jan.	
Pilates*	Tuesdays 6PM-7PM	MP	Ongoing	Sign up in the Library	
Smart Phone Help*	2nd Tuesday 10AM	PC	Ongoing		
Novant Seminar*	1st Wednesday - 1PM-2PM	BH	Ongoing	No Seminar in Jan.	
Blinded Veterans Meeting*	2nd Wednesday, 10AM-Noon	BH	Ongoing		
Zumba Gold*	Wednesdays, 11AM-Noon	MP	Ongoing	Register in the Library	
Intermediate Tap*	Thursdays, 9:30AM - 10:30AM	MP	Ongoing	Register in the Library	
Happy Times Club*	Thursdays, 10AM-1PM	ВН	Ongoing	Donations Accepted	
SHIIP Counseling*	Thursdays, By appt only	PC	Ongoing	Sign up in Office	
Veterans Canteen*	1st Thursday, 9AM-10AM	MP	Ongoing		
Coffee w/ Advisory Council*	1st Friday, 2PM-3PM	В	Ongoing	Sign up in the Library	
Spanish Conversation*	Fridays, 1PM-2:30PM	PC	Ongoing		
Memory Café*	Friday, 1:30PM - 3PM	MP	1/11/2019	Call 704-910-9279 to register	
LSC Winter Social	Friday, 5PM- 9PM	ВН	1/11/2019	Tickets \$5 @ the door	
Monday Funday*	Monday, 1PM	DR	1/14/2019	Ice Cream- Register in the Library	
Afternoon Movie & Popcorn*	Wednesday, 2PM-4PM	ВН	1/23/2019	"Footloose"	
Music Trivia*	Tuesday, 10AM	В	1/29/2019	Register in the Library	
Zumba Gold & Tone*	Fridays, 1:30PM - 2:30PM	MP	2/1/2019	Register in the Library	
Memory Café*	Friday, 1:30PM - 3PM	В	2/8/2019	Call 704-910-9279 to register	
Love Your Family Lunch & Learn*	Saturday, 10AM - 12:30PM	BH	2/9/2019	Register in the Library	
Monday Funday*	Monday, 3PM	DR	2/18/2019	Wine Tasting- Register in Library	
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Evidence Based Classes*:	Living Healthy, Living Healthy with Diabetes of Balance		Diabetes &	No Charge - Sign up in the Librar	
<b>Bereavement Support Group</b>	Mondays 5:00PM to 6:30PM		Call 704-384-8142 Registration		
- Free	February 25 - April 1, 2019		)19	is required	
Dron in	Activities:			Support Groups - No Charge	
Horse Shoes, Puzzles & Library			Grief Education - 2nd Friday of Month @ 10AM		
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Save the Date: Join the Levine Senior Center & Novant Matthews Medical Center for our 2nd Annual Love your Family Lunch & Learn Saturday February 19, 2019 10AM to 12:30PM

Bocce Ball, Corn Hole

Come join us for lunch, and learn about loving your family enough to plan ahead for your future To Register: Stop by the Levine Library or Call 704-846-4654 (Limited Seating) (Free Event to those that register)

Caregivers 2nd & 4th (T) 9:30-11:30AM (B)

Winter Social
Friday January 11th 5PM ~ 9PM
Come enjoy refreshments, fellowship,
music and fun
\$5 Admission~ 50/50 ~ Raffles
Bring a dish to share
Tickets sold at the door

Dining - BR- Billiard - L- Lobby

New Zumba Gold & Tone class starting 2/1/2019 Fridays 1:30PM - 2:30PM Bring water. Wear comfortable exercise clothes with tennis shoes. Free gift given to the first 32

## Center Partnership for Adults 50 and Older

Activi	ties Included with Partnership		
Game:	Date & Time	Room	
Bingo	Fridays 10AM - Noon	A&C	
Billiards	Drop-In	BR	
Social Bridge	Tuesdays 1PM-3PM	В	
Inter. Bridge	Wednesdays 10AM-12:30PM	В	
Busy Hands	Wednesdays 10AM - 3PM	A&C	
Busy Hands Sewing	Thursdays 9AM-Noon	A&C	
Canasta Hand/Foot	Mondays & Fridays 1PM-4PM	B/A&C	
Mah Jongg	Thursdays 12:45PM-4PM	В	
Pinochle	Wednesdays 1PM-4PM	В	
Poker	Tues. & Fridays 12:30PM-4PM	CR	
Rummy	Wednesdays 1-4PM	CR	



Accepting Silver Sneakers® Silver& Fit® & Renew Active® Participants