

A&amp;C- Arts &amp; Crafts Room - BH - Banquet Hall - B - Board Room - CR - Card Room MP - Multi-Purpose Room - D - Dining - BR- Billiard - L- Lobby

## Programs, Activities &amp; Support Groups Open to Community at No Charge (Shown with \*)

Coffee Klatch*	Mondays - 9AM - 10:30AM	D	Ongoing	Donations Accepted
TOPS Group*	Mondays - 9:30AM-11AM	AC	Ongoing	Donations Accepted
Tai Chi-Arthritis Prevention*	Mondays 9:30AM - 10:45AM	BH	TBD	Waitlist Only
Computer Help*	Mondays -10:30AM - Noon	PC	Ongoing	
Beginners Tap *	Mondays, 2:00PM - 3:00PM	MP	Ongoing	Register in the Library
Diabetes Information Session*	1st Monday, 12:30PM-1:30PM	A&C	Ongoing	
Pilates*	Tuesdays 6PM-7PM	MP	Ongoing	Sign up in the Library
Smart Phone & Tablet Help*	2nd Tuesday 10:30AM	PC	Ongoing	No Meeting in March
Novant Seminar*	1st Wednesday - 1PM-2PM	BH	Ongoing	No Seminar in Jan.
Blinded Veterans Meeting*	2nd Wednesday, 10AM-Noon	BH	Ongoing	
Zumba Gold*	Wednesdays, 11AM-Noon	MP	Ongoing	Register in the Library
Intermediate Tap*	Thursdays, 9:30AM - 10:30AM	MP	Ongoing	Register in the Library
Happy Times Club*	Thursdays, 10AM-1PM	BH	Ongoing	Donations Accepted
SHIP Counseling*	Thursdays, By appt only	PC	Ongoing	Sign up in Office
Veterans Canteen*	1st Thursday, 9AM-10AM	MP	Ongoing	
Spanish Conversation*	Fridays, 1PM-2:30PM	PC	Ongoing	
Zumba Gold & Tone*	Fridays, 1:30PM - 2:30PM	MP	Ongoing	Register in the Library
Memory Café*	Friday, 1:30PM - 3PM	MP	3/8/2019	Call 704-910-9279 to register
Ask the Expert*	Friday, 9:30AM - 10:30AM	L	3/8/2019	
Monday Advocay Funday*	Monday, 1PM	DR	3/18/2019	Register in the Library
The Healthy U*	Tuesday, 11AM - Noon	B	3/19/2019	
Ask the Expert*	Friday, 9:30AM - 10:30AM	L	3/22/2019	
Basket Bingo	Saturday, 1PM-5PM	BH	3/30/2019	Tickets on Sale in Library
Volunteer Meeting*	Tuesday, 10AM	DR	4/2/2019	Register in the Library
Senior Games Performing Arts*	Saturday, 2PM-4PM	BH	4/6/2019	
Volunteer Appreciation*	Tuesday, 4PM-6PM	BH	4/23/2019	Register in the Library
Evidence Based Classes*:	Living Healthy, Living Healthy with Diabetes & Matter of Balance		No Charge - Sign up in the Library	
<b>Bereavement Support Group - Free</b>	<b>Mondays 5:00PM to 6:30PM February 25 - April 1, 2019</b>		<b>Call 704-384-8142 Registration is required</b>	

## Drop in Activities:

Horse Shoes, Puzzles &amp; Library

Bowling, Corn Hole

## Support Groups - No Charge

Grief Education - 2nd Friday of Month @ 10AM

Caregivers 2nd &amp; 4th (T) 9:30-11:30AM (B)

## Calling all Volunteers!

We will be having a volunteer meeting on  
April 2, 2019 @ 10AM Please register in the  
Library if you can attend.

Save the Date!

Our Volunteer Appreciation is on  
April 23, 2019 4PM-6PM.

Register in the Library if you can attend.

The Levine Senior Center will be hosting the  
Performing Arts of Senior Games on  
April 6th from 2PM-4PM. Areas for entry:  
Comedy/Drama, Dance, Instrumental, Vocal,  
Line Dancing & Cheerleading. Registration  
packets are located around the Center and in the  
front office.

## Center Partnership for Adults 50 and Older

## Activities Included with Partnership

Game:	Date & Time	Room
Bingo	Fridays 10AM - Noon	A&C
Billiards	Drop-In	BR
Social Bridge	Tuesdays 1PM-3PM	B
Inter. Bridge	Wednesdays 10AM-12:30PM	B
Busy Hands	Wednesdays 10AM - 3PM	A&C
Busy Hands Sewing	Thursdays 9AM-Noon	A&C
Canasta Hand/Foot	Mondays & Fridays 1PM-4PM	B/A&C
Mah Jongg	Thursdays 12:45PM-4PM	B
Pinochle	Wednesdays 1PM-4PM	B
Poker	Tues. & Fridays 12:30PM-4PM	CR
Rummy	Wednesdays 1-4PM	CR



Save the Date: Join the Levine Senior Center & Novant Matthews Medical Center

for our Women's Health & Wellness Lunch & Learn

Wednesday, May 1, 2019 10AM to 1PM

Educating, Empowerign & Caring for the Women in our Community

To Register: Stop by the Levine Library or Call 704-846-4654 (Limited Seating) (Free Event to those that register)

Accepting Silver Sneakers® Silver& Fit®  
& Renew Active® Participants