

A&C- Arts & Crafts Room - BH - Banquet Hall - B - Board Room - CR - Card Room MP - Multi-Purpose Room - D - Dining - BR- Billiard - L- Lobby

Programs, Activities & Support Groups Open to Community at No Charge (Shown with *)

Coffee Klatch*	Mondays - 9AM - 10:30AM	D	Ongoing	
TOPS Group*	Mondays - 9:30AM-11AM	AC	Ongoing	Group has a joining fee; fee not associated with LSC
Computer Help*	Mondays -10:30AM - Noon	PC	Ongoing	
Tech Support*	2nd Tuesday 10:30AM	PC	Ongoing	No Meeting in March, Will meet in April
Novant Seminar*	1st Wednesday 1PM - 2PM	BH	Ongoing	No March Meeting (GreenJeans); No Registration Required
Blinded Veterans Meeting*	2nd Wednesday, 10AM to	BH	Ongoing	
Happy Times Club*	Thursdays, 10AM to Noon	BH	Ongoing	Club has a joining fee; fee not associated with LSC
SHIIP Counseling*	By Appointment Only	PC	Ongoing	Call Margery at 704-365-1995
Veterans Canteen*	1st Thursday, 9AM to 10AM	MP	Ongoing	
Memory Café*	2nd Friday, 1PM - 3:30PM	PC	Ongoing	To Register Call 704-910-9279
Evidence Based Classes*: Living Healthy, Living Healthy with Diabetes & Matter of Balance				Sign up in Interest Book in Library

Drop in Activities & Support Groups:

Horse Shoes, Puzzles & Library

Bocce Ball, Corn Hole

Caregiver Support - 2nd Tuesday of the Month @ 10AM - 3/10 Kickoff!

Grief Education - 2nd Friday of Month @ 10AM

Diabetes Support - 1st Monday of Month @ 12:30PM

Center Partnership for Adults 50 & Older
All Activities Below Included in the Partnership

Game/Activities/Classes	Date & Time	Room
Billiards	Drop In	BR
Zumba Gold	Mondays, 10:30AM - 11:30AM	BH
Beginner Tap 11	Mondays, 3:30PM - 4:30PM	MP
Canasta Hand/Foot	Mondays & Fridays, 1PM - 4PM	A&C
Tai Chi	Tuesdays, 9:45AM - 10:40AM	MP
Poker	Tues & Fridays 12:30PM - 4PM	CR
Social Bridge	Tuesdays 1PM - 3PM	B
Pilates	Tuesdays, 6PM - 7PM	MP
Inter. Bridge	Wednesdays, 10AM - 12:30PM	B
Busy Hands Crafting	Wednesdays, 10AM - 3PM	A&C
Pinochle	Wednesdays, 1PM - 4PM	B
Rummy	Wednesdays, 1PM - 4PM	CR
Busy Hands Sewing	Thursdays, 9AM - Noon	A&C
Intermediate Tap	Thursdays, 9:30AM - 10:30AM	MP
Mah Jongg	Thursdays, 12:45PM - 4PM	B
Easy Does it Cardio	Thursdays, 2PM - 3PM	BH
Beginner Tap 1	Thursdays, 3PM - 4PM	MP
Bingo	Fridays, 10AM - Noon	A&C
Zumba Gold	Fridays, Noon - 1PM	BH



Whats Happening This Month

March & April

Brain Storm w/ Angela*	10AM in CR	3/2/2020
Ask the Expert*	10AM in L	Free Blood Pressure Checks 3/6/2020
Ask the Expert*	10AM in L	Free Blood Pressure Checks 3/20/2020
Designer Bingo 3/21/2020	1PM - 5PM	Center Fundraiser - Tickets \$25 in advance. \$30 Ticket at the Door
Friday Funday*	1PM in BH	3/27/2020
Art of Arthritis Lunch & Learn*	10AM - 1PM in BH	4/1/2020 - Register in the Library for a free lunch. Space is Limited
Ask the Expert*	10AM in L	Free Blood Pressure Checks 4/3/2020
Friday Funday*	1PM in BH	4/3/2020
Brain Storm w/ Angela*	10AM in BH	4/6/2020
Volunteer Appreciation*	5PM in BH	Register in the Library 4/14/2020
Monday Funday *	1PM in BH	4/27/2020
AARP Tax Assistance is happening now, if you need an appointment stop by front desk or call 704-846-4654		
Accepting SilverSneakers®, Silver & Fit® and Renew Active® Participants		