

A&C- Arts & Crafts Room - BH - Banquet Hall - B - Board Room - CR - Card Room MP - Multi-Purpose Room - D - Dining - BR- Billiard - L- Lobby

Programs, Activities & Support Groups Open to Community at No Charge (Shown with *)

Coffee Klatch*	Mondays - 9AM - 10:30AM	D	Ongoing	Donations Accepted
TOPS Group*	Mondays - 9:30AM-11AM	AC	Ongoing	Donations Accepted
Tai Chi-Arthritis Prevention*	Mondays 9:30AM - 10:45AM	BH	TBD	Waitlist Only
Computer Help*	Mondays -10:30AM - Noon	PC	Ongoing	
Beginner Tap II*	Mondays, 2:00PM - 3:00PM	MP	Ongoing	Register in the Library
Zumba Tone*	Mondays, 3:30PM - 4:30PM	MP	Ongoing	No Summer Classes
Diabetes Information Session*	1st Monday, 12:30PM-1:30PM	A&C	Ongoing	
Pilates*	Tuesdays 6PM-7PM	MP	Ongoing	Sign up in the Library
Smart Phone & Tablet Help*	2nd Tuesday 10:30AM	PC	Ongoing	September & November
Zumba Gold*	Wednesdays, 11AM-Noon	MP	Ongoing	Register in the Library
Novant Seminar*	1st Wednesday - 1PM-2PM	BH	Ongoing	
Blinded Veterans Meeting*	2nd Wednesday, 10AM-Noon	BH	Ongoing	
Intermediate Tap*	Thursdays, 9:30AM - 10:30AM	MP	Ongoing	Register in the Library
Happy Times Club*	Thursdays, 10AM-1PM	BH	Ongoing	Donations Accepted
Beginner Tap I*	Thursdays, 3PM-4PM	MP	Ongoing	Register in the Library
SHIP Counseling*	Thursdays, By appt only	PC	Ongoing	Sign up in Office
Veterans Canteen*	1st Thursday, 9AM-10AM	MP	Ongoing	
Zumba Gold*	Fridays, 1:30PM - 2:30PM	MP	Ongoing	Jodie Back: 8/30
Ask the Expert*	Fridays, 10:30AM- 11:30AM	L	9/6/2019	Come get your Blood Pressure Checked!
Brain Storm*	Monday, 10AM - 11:30AM	BH	9/9/2019	New Program!
Falls Safety Symposium*	Wednesday, 10AM -2PM	BH	9/11/2019	Register in the Library
Memory Café*	Friday, 1PM-3PM	B	9/13/2019	Register by calling 704-910-9279
Happy Hour Social	Monday, 4PM-6:30PM	BH	9/16/2019	Happy National Senior Center Month
The Healthy U* Staying Social	Tuesday, 11AM to Noon	MP	9/17/2019	
Ask the Expert*	Fridays, 10:30AM- 11:30AM	L	9/20/2019	Come get your Blood Pressure Checked!
Medicare Info Session*	Wednesday, 10:30AM to 11:30AM	PC	10/2/2019	First chance to sign up for Part D Apts
Ask the Expert*	Fridays, 10:30AM- 11:30AM	L	10/4/2019	Come get your Blood Pressure Checked!
Brain Storm*	Monday, 10AM - 11:30AM	BH	10/7/2019	
Candidates Forum*	Thursday, 6PM-8PM	BH	10/10/2019	Come ask questions and get to know the Town of Matthews Candidates
Memory Café*	Friday, 1PM-3PM	B	10/11/2019	Register by calling 704-910-9279
Italian Dinner Fundraiser	Thursday, 4:30PM-7:30PM	BH	10/17/2019	Tickets on sale in Library
Hearing Clinic*	Thursday, 10AM - 11AM	L	10/24/2019	Come get your hearing aids cleaned
Guts Lunch & Learn*	Thursday, 10AM -1PM	BH	10/31/2019	First 75 to sign up get free lunch
Evidence Based Classes*:	Living Healthy, Living Healthy with Diabetes & Matter of Balance		No Charge - Sign up in the Library	

GreenJeans is coming back. Classes and programs will be affected Monday, Sept 23rd to Friday, Sept 27th. Check the calendar to see if your class or program has been moved or cancelled.

Save the Date: Saturday October 12, 2019
 Levine Senior Center Bowling Fundraiser
 Single Player Tickets \$25, includes: shoes, pizza, soda & 2 beer tickets for 2 hours of bowling. Sponsorships available. Come out and support the Center and have some fun!
 Excitement, Laughter & Prizes!

Center Partnership for Adults 50 and Older

Activities Included with Partnership		
Game:	Date & Time	Room
Bingo	Fridays 10AM - Noon	A&C
Billiards	Drop-In	BR
Social Bridge	Tuesdays 1PM-3PM	B
Inter. Bridge	Wednesdays 10AM-12:30PM	B
Busy Hands	Wednesdays 10AM - 3PM	A&C
Busy Hands Sewing	Thursdays 9AM-Noon	A&C
Canasta Hand/Foot	Mondays & Fridays 1PM-4PM	B/A&C
Mah Jongg	Thursdays 12:45PM-4PM	B
Pinochle	Wednesdays 1PM-4PM	B
Poker	Tues. & Fridays 12:30PM-4PM	CR
Rummy	Wednesdays 1-4PM	CR



Drop in Activities:
Horse Shoes, Puzzles & Library
Bocce Ball, Corn Hole

Support Groups - No Charge
Grief Education - 2nd Friday of Month @ 10AM
September is last meeting with Novant

The Center is Closed September 2nd for Labor Day and September 19th

Accepting Silver Sneakers® Silver& Fit® & Renew Active® Participants